

We claim:

1. An acne treatment regimen comprising the steps of:

- a) cleansing the skin of an individual afflicted with acne with an acne cleanser composition containing an anti-acne active;
- b) applying an acne spot treating composition to at least one lesion on the skin of the individual, the acne spot treating composition containing an anti-acne active ingredient;
- c) applying a hydrating day cream composition to the skin of the individual, the hydrating day cream composition containing an anti-acne active ingredient and a combination of farnesol and sodium hyaluronate; and
- d) applying an acne night cream composition to the skin of the individual, the acne night cream composition containing an anti-acne active ingredient and a combination of farnesol and sodium hyaluronate.

2. A kit for the treatment of acne comprising:

- a) a container of an acne cleanser composition containing an anti-acne active;
- b) a container of an acne spot treating composition containing an anti-acne active ingredient;
- c) a container of a hydrating day cream composition containing an anti-acne active ingredient and a combination of farnesol and sodium hyaluronate; and
- d) a container of an acne night cream composition containing an anti-acne active ingredient and a combination of farnesol and sodium hyaluronate.

3. A composition comprising:

an anti-acne active ingredient and a combination of farnesol and sodium hyaluronate.